Introductory Self-Defense Workshop for Trans-identified Wi

With **Deb Parent**Wen-Do Instructor

DATE:

Wednesday, October 18, 2017

TIMF:

6 pm - 9 pm

Trans-identified Women Only

Trans-identified women from the Hamilton community are welcome to attend.

LOCATION:

YWCA Hamilton
Senior Auditorium
75 Macnab Street South

Light refreshments will be provided

This introductory workshop is designed to provide trans women of all ages and abilities the opportunity to practise easy to learn, easy to remember physical and verbal techniques which deal with common situations of harrassment or violence.

Equity and Inclusion Office



SPACE IS LIMITED. Please register early at equity@mcmaster.ca.