

RAINBOW PALS

**A summer camp for
LGBTQ2S+ youth
aged 4-12**

**JOIN THE ADVENTURE
AUGUST 10-14TH**



Hosted by:

**DETERMINATION
MARTIAL ARTS**

I CAN. I WILL.

HAMILTONDMA@GMAIL.COM

CAMP STAFF

Kaiden, Gabe, and Trevor are members of both the queer and trans communities. They had a blast running the first ever Rainbow Pals in the summer of 2018, and are more than excited to be back for a third year in a row!

Kaiden has a strong background in martial arts and has worked with DMA for many years. Gabe has worked at summer sports camps in the past and was thrilled to join the DMA team three summers ago!

Trevor attended the first year of Rainbow Pals as a Junior Leader, and is now returning for their second year as staff! They're passionate about supporting non-binary kids in an overly binary world.

CAMP MISSION

Celebrate LGBTQ2S+ youth and their families in an active, fun, and safe environment that supports their growth as an individual and fosters a healthy lifestyle.



ABOUT DMA

Determination Martial Arts offers summer camps with a blend of skill-based learning, free exploration, and fun! Campers enjoy games, projects, crafts, outdoor adventures, and learn life skills like self-confidence and teamwork.

For the third summer in a row, we're offering a week of camp specifically for LGBTQ2S+, gender non-conforming, and questioning youth! This camp is also open to youth in LGBTQ2S+ families.

We're excited to continue creating an inclusive and welcoming space for youth to express themselves and build relationships, while enjoying traditional summer camp activities (with an LGBTQ2S+ theme!).

LET US HELP YOU

 905 630 7041 (call or text)

 1360 Main Street East

 hamiltondma@gmail.com



ALL ABOUT CAMP TIMING



SAMPLE SCHEDULE

ENROLL NOW

Subject to change. Outings are to local parks or library, all walking distance, weather permitting.

Email hamiltondma@gmail.com to register via online form

Camp runs -
Full Day: 9:00am-3:30pm
Drop off & Pick Up -
8:30am-9:00am & 3:30-4:00pm
Extended Care Available -
7:30am-8:30am & 4:00-5:00pm

7:30-8:30 Extended Care
8:30-9:00 Drop Off
9:00-9:30 Quiet Activities & Morning Chat
9:30-10:30 Martial Arts/Fitness
10:30-11:00 Snack From Home
11:00-11:30 LGBTQ2S+ Storytime
11:30-12:15 Craft/Experiments
12:15-1:00 Lunch from Home
1:00-1:45 Team Games & Challenges
1:45-3:15 Outing
3:30-4:00 Pick Up & Quiet Activities
4:00-5:00 Extended Care

Child's Name:
Legal Name (if different)*:
Child's Age:
Extended Care Needed:
E-mail:
Total Camp Cost:
Emergency Contact 1
Name:
Relation:
Primary #:
Secondary Number:
Emergency Contact 2
Name:
Relation:
Primary #:
Secondary Number:
Allergies:

PRICING

(subsidies available!)
Full Week: \$159 + HST
Single Days: \$45 + HST/day
Extended Care: \$35 + HST/week or \$5/hour
Junior Leader Program: \$50 + HST
For youth who have previously attended Rainbow Pals, ages 10+. Junior Leaders take on a leadership role, while still participating in camp activities. (Youth aged 10-12 who have not attended Rainbow Pals are welcome to register as campers!)

WHAT TO PACK

1. Lunch and a morning snack
2. Labelled water bottle
3. Labelled sunscreen
4. Clothes for outdoor play, spare clothes, and a hat

Note: Electronics may be used in before/after care only. We take no responsibility for them.

Medical Concerns:

*Legal name required in case of dealing with insurance/emergency services, it will not be disclosed or used otherwise

Liability Waiver must be signed on the first day of camp for camper to attend

Payment required at registration unless arranged. Cancellations must be received by July 20th. DMA reserves the right to withhold a \$40 cancellation fee .