

APRIL 2020

SUN

MON

TUE

WED

THU

FRI

SAT

Resources:

Phone check ins –

Trans & NB folks:

<https://www.facebook.com/Kyles.place19/>

Queer & trans youth under 29:

<https://www.facebook.com/speqtrumYHM/>

Supplies –

Kyle's Place

CareMongering-HamOnt FB group



01

YWC IG Live
Social @ 3pm
(ages 17-25)



02

speqtrum
online hang
(see FB
event)



03

QT Moves Zoom
GOODBODYFE
EL @7pm
SS \$5-15

04

Peer Support
(IG, FB, email)
@6-8pm
speqtrum

05



06

Cooking Live
on IG
@6pm
speqtrum



07

Peer Support
(IG, FB,
email)
@6-8pm
speqtrum



08



09



10

11

12



13



14



15



16



17

18

19

20

Intergenerational Dinner
Zoom
@7-8:30pm



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30

Mental Health Resources: <https://www.youthline.ca/>, <https://www.translifeline.org/>,
<https://www.virusanxiety.com/>